

PREP MENU

Week Seven – Monday 1st June – Sunday 7th June 2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
BREAKFAST	Belgian Waffles G,E,S , Fresh fruit, Greek yoghurt D	Soft boiled free-range eggs E , baked beans	Back bacon, grilled tomatoes, field mushrooms, hash browns, baked beans & scrambled free-range egg E,D	Smoked Salmon & Cream Cheese Bagel G,E,D	Brioche French Toast G,D Topped with Cinnamon Mascarpone Cream D and Fruit G	Continental breakfast Selection of meats, cheeses D & freshly baked pastries G,E,D Boiled free-range hen eggs E	Traditional full English breakfast G,E,Su	
	Jane's porridge G,D & fruit compote, selection of cereals G , toast G,S , juices, fruit & preserves					Selection of cereals G , toast G,S , juices, fruit & preserves		
MORNING SNACK	Cheese Straws G,D	Banana Bread G,E <i>Vegan Banana Bread (ve)</i>	Buttered toast G,S (ve)	Raspberry & Oat Slice G (ve)	Granola square (ve)	Toasted Tea Cake G (ve)		
SOUP	Chef's Homemade Soup of the Day (v) Artisan Bread Rolls G & Toppers				Chef's Homemade Soup of the Day (v) Artisan Bread Rolls G & Toppers			
LUNCH <i>All including a range of vegan, gluten free & halal options.</i>	Chicken Kiev G,D OR Cauliflower Kiev - Served with Herby Diced Potatoes (ve), Peas, Green Beans (ve)	Lincolnshire Sausage G,Su OR Quorn Vegan Sausage (ve) G - Served with cheesy leek & potato bake (ve), summer vegetables (ve), Cassoulet Sauce	Wednesday Pasta Bar - Carbonara D OR Classic Bolognese OR Tomato & Basil Ragu (ve) - Served with a selection of wholemeal Pasta G (ve), parmesan D homemade wholemeal garlic bread G (ve), fine green beans, (ve), rocket (ve)	Honey Roast Gammon OR Summer Pasty G (ve) - Served with Roasted New potatoes (ve), Summer Greens (ve), Creamy Cauliflower Bake), D (v) and Parsley Sauce	Chip Shop Friday - Battered Haddock Fillet G,F OR Quorn Vegan Fingers G (ve) - Served with homemade tartare sauce (v), lemon wedge (ve), chunky chips (ve), Chip Shop curry sauce (ve), baked beans (ve) OR Mushy Peas (ve)	Beef Meatballs OR Vegetarian Meatballs (ve) - Spaghetti, Tomato Ragu, garlic & thyme roasted new potatoes (ve), broccoli (ve), crusty bread G (ve)	PACKED LUNCHES	
	Jacket Potato Bar A selection of freshly baked potatoes (ve), grated cheese D (v), baked beans (v) and salad (ve)							
	Deli Bar A selection of breads, proteins, salads & condiments							
DESSERT	Lemon Drizzle G,E - <i>Vegan Lemon Cupcake G (ve)</i>	Chocolate & Orange Tart G,D,E (v) <i>Vegan Chocolate & Orange Tart G (ve)</i>	<i>Repton Mess D,E</i> Or <i>Vegan Repton Mess</i>	Summer Berries Crumble G (ve), Pouring Cream D <i>Vegan Cream (ve)</i>	Treacle Tart G,D,E <i>Vegan Treacle Tart (ve)</i>	Dessert of the day	Dessert of the day	
PITSTOP	Rainbow Noodle Pot G,E,SS,S Rainbow Vegetable Noodle Pot SS,S (ve)	Mini Baked Vegetable Spring Rolls with Hoisin Dip G,S -		Potato Waffles (ve)	Cheese, Crackers, Grapes D,G - <i>Vegan Cheese, Crackers, Grapes G (ve)</i>			
BOARDERS' TEA <i>With a choice of jacket potato and a selection of salads</i> <i>All including a range of vegan, gluten free & halal options.</i>	Pork Stroganoff D,Mu OR Mushroom & Courgette Stroganoff D,Mu (ve) - Served with Wild Rice (ve), green beans (ve), Garlic flatbread G (ve)	Crispy Oriental Beef G OR Crispy Oriental Veg (ve) - Served with Lettuce Cups (ve) Braised Rice (ve), Dim Sum G,S,SS & Sweet Chilli Dipping Sauce (ve)	Chilli Con Carne OR Vegetable & Five Bean Chilli (ve) - Served with braised rice (ve) - Sides of grated cheese D (v), sour cream D (v), homemade nachos (ve), guacamole (ve), tomato, cucumber and red onion dressed salad (ve)	Korean Chicken Burger G OR Korean Vegetarian Burger G Korean slaw and spiced sweet potato wedges (ve)	BBQ	Pizza D Onion Rings G , Chips (ve)	Cottage Pie Or Vegetable Pasty G (ve) Served with Carrots (ve), Cabbage (ve) & Gravy (ve)	
DESSERT	Rocky Road Bar G (ve)	Sticky Toffee Pudding, Toffee Sauce G,E,D <i>Vegan Sticky Toffee Cup Cake S (ve)</i>	Fresh fruit salad (ve), pouring cream D	Chocolate Orange Tiffin G,D	Selection of Ice Creams D <i>Vegan Vanilla Ice Cream (ve)</i>	Dessert of the day	Dessert of the day	

Menu Options | Please note, all dishes listed are subject to ingredients availability and may change on the day. The finalised menu will be displayed on counter with relevant allergen information.
Food Allergies and Intolerances | Before for you select your food, please speak to a member of staff if you want to know about our ingredients. A selection of dietary/allergen friendly alternative options will be available upon request.
Allergen Key | **C** Celery, **G** Gluten, **Cr** Crustacean, **E** Egg, **F** Fish, **L** Lupin, **D** Dairy, **M** Mollusc, **Mu** Mustard, **N** Nuts, **PN** Peanuts, **SS** Sesame, **S** Soya, **Su** Sulphur

PRE-PREP MENU

Week Seven – Monday 1st June – Friday 5th June 2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Cheese Straws G,D	Banana Bread G,E Vegan Banana Bread (ve)	Buttered toast G,S (ve)	Raspberry Bites G (ve)	Flapjack D
LUNCH	Chicken Kiev G,D OR Cauliflower Kiev - Served with Herby Diced Potatoes (ve), Peas, Green Beans (ve)	Lincolnshire Sausage G,Su OR Quorn Vegan Sausage (ve) G - Served with Cheesy Leek & Potato Bake (ve), Summer Vegetables(ve), Cassoulet Sauce (ve)	Wednesday Pasta Bar Carbonara D OR Classic Bolognese OR Tomato & Basil Ragu (ve) - Served with a selection of wholemeal pasta G (ve), parmesan D , homemade wholemeal garlic bread G (ve), fine green beans (ve), rocket (ve)	Honey Roast Gammon OR Summer Pasty G (ve) - Served with Roasted New potatoes (ve), Summer Greens (ve), Creamy Cauliflower Bake D (v) and Parsley Sauce	Chip Shop Friday - Battered Haddock Fillet G,F OR Quorn Vegan Fingers G (ve) - Served with homemade tartar sauce (ve), lemon wedge (ve), chunky chips (ve), Chip Shop curry sauce G,S (ve), baked beans (ve) or Mushy peas (ve)
	Jacket Potato Bar A selection of freshly baked potatoes (ve), grated cheese D (v), baked beans (v) and salad (ve)				
	Deli Bar A selection of breads, proteins, salads & condiments				
DESSERT	Lemon Drizzle G,E - Vegan Lemon Cupcake G (ve)	Chocolate & Orange Tart G,D,E (v) - Vegan Chocolate & Orange Tart G (ve)	Repton Mess D,E OR Vegan Repton Mess (ve)	Summer Berries Crumble G (ve), Pouring Cream D (ve) - Vegan Cream (ve)	Jelly, Yoghurt D & Fruit (ve)
SUPPER	Pork Steak OR Mushroom & Courgette Stroganoff D,Mu (ve) - Served with Wild rice (ve), green beans (ve), Garlic flatbread G (ve)	Crispy Oriental Beef G OR Crispy Oriental Veg (ve) - Served with Lettuce Cups (ve), Braised Rice (ve), Dim Sum G,S,SS & Sweet Chilli Dipping Sauce (ve)	Chilli Con Carne OR Vegetable & Five Bean Chilli (ve) - Served with Braised rice (ve) - Sides of grated cheese D (v), sour cream D (v), homemade nachos (ve), guacamole (ve), tomato, cucumber and red onion dressed salad (ve)	Korean Chicken Burger G OR Korean Vegetarian Burger G - Korean slaw and spiced sweet potato wedges (ve)	Chicken Goujons G , Chips (ve) & Baked Beans (ve), Peas (ve)
DESSERT	Rice Krispie Marshmallow Cake G (ve)	Fruit Strudel G (ve) Vanilla Ice Cream D	Fresh fruit salad (ve), pouring cream D	Banana & Chocolate Chip cupcakes G, E	Selection of ice creams D

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